**Balance Beam**

This is an easy activity and can be great for younger kids and toddlers and helps them improve motor skills and their balance.

**What You Will Need**

* Coloured tape
* Flat floor space to play

**How to Play**

* Stick different coloured tapes tape on the floor
* Each coloured tape can have a different rule to walk on. For example, you can ask the kid to walk on one leg on the red coloured tape
* The child has to walk only on the tape. If he falls off the tape, he’ll be out of the game.

**People Required to Play the Game**

There can be any number of players.

**How to Decide the Winner**

The child that walks the entire length of the tape without falling off the tape wins the game.